



Winter Solstice Yoga and Hike

JOIN US FOR A LATE AFTERNOON YOGA SESSION AND HIKE TO CELEBRATE THE WINTER SOLSTICE! TAKE IN THE SUNSET OVER PELICAN LAKE RECREATION AREA AND ENJOY THE CALMNESS OF THE OUTDOORS ON THE LONGEST NIGHT OF THE YEAR, DECEMBER 21ST. BEFORE OUR HIKE, WE WILL MEET AT THE PICNIC SHELTER AND WARM UP WITH YOGA AT 4 PM. WE WILL FINISH WITH HOT CHOCOLATE AND COOKIES AROUND THE FIRE.

SNOWSHOES AND CROSS-COUNTRY SKIS WILL BE AVAILABLE FOR USE.

A PARK ENTRANCE LICENSE IS REQUIRED AND CAN BE PURCHASED AT THE PARK.



CONTACT INFORMATION:

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